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GUIDELINES FOR PRAYER FOR THOSE WHO HAVE A BROKEN HEART AND WHO NEED HEALING IN THEIR SPIRIT AND SOUL

*“Most High God, I come to you today because I have been brought very low. I bring before you the circumstances that have caused me to be distraught and distressed. **(If possible, name what it is or who it is that has caused you to be so depressed, grieved or sorrowful)***

Lord God, your will for me is healing, hope and joy. I give to you all the pieces of my broken heart and all the pain as well as it is too much for me to bear. Father, fill me with your joy.

I bring before you all my despondency, despair, hopelessness, desolation, emptiness, barrenness, grief, sorrow, heartache, anguish, sadness, gloom, dejection, unhappiness, negative, destructive, harmful, damaging, depressing thoughts, suicidal thoughts and/or anything else that I am feeling right now and invite you into all of these places. I invite you to come into my heart to heal it and to wash me clean from all defilement and pain.

I know that in your good and perfect timing you will turn my mourning into dancing and that you will take off the sackcloth and ashes and clothe me with gladness and joy.

Lord, I have had questions in my heart, asking ‘Where were you?’ when certain intolerable, unbearable and excruciatingly painful things happened. Lord, I know it is difficult but I know and believe by faith that you were right there with me, that you never left me and never abandoned me. (Isaiah 63:9)

Lord God, I believe and accept that You are the only One who can heal my broken heart. I pray Lord, that as I follow You, that You will turn my tears of sorrow to joy, that you turn the pain in my heart to laughter and that You bring healing to every part of my broken heart.

Father God, I choose to trust you. Where You have been misrepresented and lied about to me by those I should have been able to trust, I ask for your healing. Where I’ve been betrayed by those I should have been able to trust, I ask for your healing. Help me Father, to truly know

you as a loving Father, and know that I can trust you fully. And help me to know the true Lord Jesus Christ and not an imposter, as many times people who should have been looking out for my welfare have deceived me.

Father, I break the power of the lies of the enemy in my life. I now know that my enemy the devil prowls around like a roaring lion seeking whom he may devour, and has often come to me as an 'angel of light' in an attempt to deceive me. I hereby renounce every agreement I've ever made with the powers of darkness in any way, in Jesus' mighty name. I renounce every single lie from the enemy and I declare that those lies have no more power of my mind and heart.

Father, I pray that ALL the enemy's plans be overturned in my life. Let all his assignments against my life be abolished, cancelled, invalidated, annulled, negated and totally destroyed. Let Your truth be first and foremost in my mind. Let the truth of your Word fill my mind and not what unbelieving, ungodly or evil people have spoken over me.

Father, I give You permission to work in my life. I ask You to set things right and to do a work in my heart that only You can do. Thank You for picking up every broken piece and making me whole again. I thank You that You make the crooked ways straight and the rough ways smooth. (Isaiah 40:4)

Thank You Father, that You will never forsake me (Deuteronomy 31:8) I believe and trust that You will not fail me, and I can wholly trust in You, the One True and Living God.

Most High God, thank you for Your truth going deep into my heart. I thank you that you have listened to me and heard my cries. I thank you that you have looked deep into my heart, heard all my groaning and seen my tears. I thank you that have a plan to deliver me from all my brokenness and every effect of it on my life.

In Jesus' mighty name, amen.